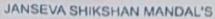
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SHANTARAMBHAU GHOLAP ARTS, SCIENCE AND GOTIRAMBHAU PAWAR COMMERCE COLLEGE, SHIVLE

At - Post Shivle, Tal. Murbad, Dist. Thane 421 401.



।। प्रचित्तो हानम्य प्रदीपः ।। जनसेवा शिक्षण मंडळाचे प्राचार्य 8169684112 9930285222 ऑफिस 9260588591

शांतारामभाऊ घोलप कला, विज्ञान व गोटीरामभाऊ पवार वाणिज्य महाविद्यालय, शिवळे.

मु. पो. शिवळे, ता. मुरबाड, जि. ठाणे. पिनकोड ४२१ ४०१ (Permanently Affiliated to the University of Mumbai) NAAC Re-Accreditation (3^{re}Cycle)Grade 'B' (C.G.P.A. 2.29) An ISO. 9001 : 2015 Certified College उत्कृष्ट महाविदालय पुरस्कार २००८ - ०१ मुंबई विद्यापीठ

प्राचार्य डॉ.एस.एम.पाटील MA M Phil Phi D MRA DLIAIW D CA

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Women Development cell

Date: 14 September 2023

Time: 10.00 am

Place: seminar Hall, shivle college, Murbad

Name of Program: Menstrual cycle management and Good touch and bad touch sensation

Guest: Dr . Tarulata Dhanke

On Date 14 September 2023 Women Development cell organized function on Menstrual cycle management and Good touch and bad touch sensation. Dr. Tarulata Dhanke was invited for this function as speaker. At 10.00 am function was started with Ganesha prayer sung by Miss. Lalita Desale. Dr. Meena Sutawani gave brief introduction as well as welcomed all guest. By using Power point presentation mam had explained details of monthly cycle of female.

Initially mam explained physiological processs of menstrual cycle, how it started, what will physically and mentally changes take palce in female body. What kind of precaution and hygiene should maintained during this period. Which food intake and diet is necessary mam highlighted all these point.

In rural areas, female and school going girls was not talking freely about these things. Early marriage and early motherhood is main reason of malnutrition and infants death. Physical growth and mental growth is most important thing for marriage and motherhood. 28th May is celebrated a Menstrual cycle day. In last mam explained about good touch and bad touch. Parents and teacher should aware our children about good and bad touch. I/C Principal Dr.G.R.Vishe was chairperson of function. Mrs. Priya bhagat gave Vote of thanks. Mrs. Seema liye anchored whole program. 94 students attended function.

(Dr. G. R. Vishe) I/e PRINCIPAL

Janseya Shikshan Mandal's Shantarambhau Gholap Arts, Science & Gotirambhau Pawar Commerce Collage Shiyle, Tal-Murbad, Dist-Thane-421-401

